

*My*GovNL

MyHealthNL: Overview

FEBRUARY 1, 2023


Newfoundland
&
Labrador



NL Health
Services

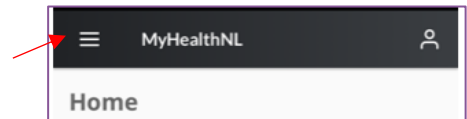
MyHealthNL Overview

VIEWING THE HEALTH RECORD

This guide will give you a general overview of how to use MyHealthNL.

To learn how to access MyHealthNL, refer to the training guide titled “[Accessing MyHealthNL](#)”.

Please note when using a mobile device, open the menu using the icon in the top left corner.



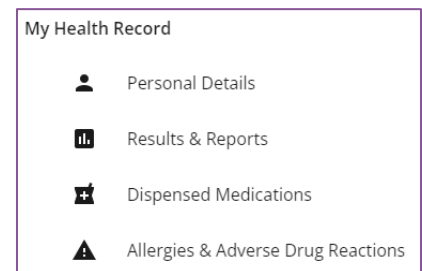
In the top left corner, your name and date of birth will be displayed.

To view a different record, click the arrow next to your name, and select from the list of other records shared with you.



Select ‘**My Health Record**’ from the left side menu.

Select from the ‘**My Health Record**’ menu.



Personal Details

Name, age, gender, MCP #, date of birth, home address, and phone number(s) will be displayed.

TIP: The **Emergency Contacts** tab will not display any information. Currently, MyHealthNL does not access Emergency contact information.

Results and Reports

Laboratory results and Medical Imaging reports will display in chronological order, starting with most recent. To view details of a result, click on the result.

To return to the list of results and reports, click [← RESULTS & REPORTS](#) .

To learn more about the **Results and Reports** section, please reference the training guides titled “*MyHealthNL: Laboratory Results*” or “*MyHealthNL: Medical Imaging Reports*”.

Dispensed Medications

Medications dispensed from community pharmacies within the last 24 months will be listed chronologically, starting with the most recent. To view the details of a listed medication, click on the medication.

To return to the list of medications, click . [← DISPENSED MEDICATIONS](#)

To learn more about the **Dispensed Medications** section, please reference the training guide titled “*MyHealthNL: Dispensed Medications*”.

Allergies and Adverse Drug Reactions

Allergies or adverse drug reactions that have been recorded by the pharmacy will display chronologically by date of onset, starting with the most recent. To view the details of a listed allergy or adverse reaction, click on the allergy.

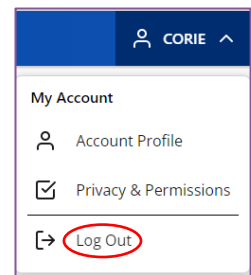
To return to the list of allergies, click [← ALLERGIES](#) .

To learn more about the **Allergies and Adverse Drug Reactions** section, please reference the training guide titled “*MyHealthNL: Allergies and Adverse Drug Reactions*”.

LOGGING OUT


It is recommended you **always log out** of MyHealthNL rather than closing the webpage when you’re done.

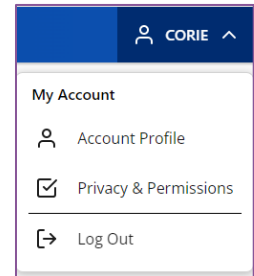
From the **My Account** menu, click ‘**Log Out**’ to securely exit MyHealthNL.



ADDITIONAL FEATURES

My Account

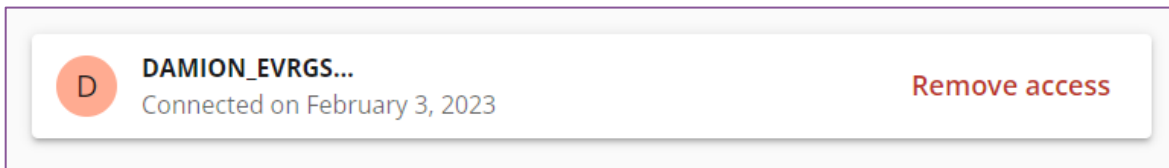
To view your account, click  in the top banner next to your name.



Account Profile

Click '**Account Profile**' to view the following details:

- **Associated email address** - this is the email address that is associated with your MyHealthNL and MyGovNL account.
- **Access to patient records** - if you have access to another individual's personal health record, their name(s) will be listed here. For Example:



TIP: If you no longer wish to have access to another individual's personal health record, click '**Remove Access**'.

Privacy and Permissions

Click '**Privacy and Permissions**' for the following features:

- Learn about how your information is protected, by clicking '**Privacy and Security Statement**'.
- View a list of individuals you've shared your personal health record with.
- Invite a family member or caregiver to have access to your record, by clicking '**Share your record with someone**'.

For full details on sharing records, refer to the training guide titled "*MyHealthNL: Sharing Personal Health Information*".





TIP: To return to the **Home** page, click ,  Back found towards the top left.

RESOURCES

Resources are links to other online sources of information that can help support your health care experience.

Note: If you access an online link, it will open a separate tab within your internet browser. To return to MyHealthNL, click the 'MyHealthNL- Home' tab.

Resources

-  [Health Library](#)
-  [Bridge the gapp](#)
-  [COVID-19](#)
-  [Help Centre](#)

Health Library

Click this link to visit our integrated library of health-related information. Learn about common health conditions, various tests, procedures, and how to better understand your results. For more details on how to use the Health Library, please reference the training guide titled "*MyHealthNL: Health Library*".

Bridge the gapp

Click this link to access *Bridge the gapp*; an online resource designed to support mental wellness for adults and youth.

COVID-19

Click this link to access COVID-19 related information and tools such as Test Results, Rapid Test Reporting Tool, Vaccine Booking, Treatments, etc.

Help Centre

Our Support Agents are here to assist you. Click this link to:

- Report missing or inaccurate information.
- Report a technical issue.
- Request information about how to use MyHealthNL.

OTHER LINKS

Newfoundland & Labrador – click here to access the Newfoundland and Labrador government website.

Privacy and Security – click here to view MyHealthNL Privacy and Security statement.

Terms of Use – click here to view MyHealthNL Terms of Use

