

---

## AFTER THE TEST

- ◆ You will stay in a recovery room for observation until you are ready for discharge.
- ◆ You should not have anything to eat or drink for 2 hours after the test.
- ◆ If your throat was sprayed DO NOT EAT OR DRINK ANYTHING for 2 hours following the procedure.
- ◆ You may have a slight cough or small amount of blood after the test. This should stop after several hours.
- ◆ The physician will speak with you after the procedure.
- ◆ If you have any of the following, you should go the nearest Emergency Department or call the Healthline at 1-888-709-2929.
  - ◇ Severe pain
  - ◇ Rectal bleeding
  - ◇ Fever
  - ◇ Vomiting
  - ◇ Shortness of breath

# ENDOSCOPY UNIT APPOINTMENT

## UNIT HOURS

8:00 a.m. to 4:00 p.m.

Monday to Friday

## TELEPHONE NUMBERS

CNRHC: 709-292-2218

JPMRHC: 709-256-5965

**Please remember this is a scent-free environment.**

**Do not use scented products before coming to your appointment.**

**Central Health is proud to create a healthier environment.**

*Thank you for helping to improve the health of our community by not smoking anywhere on our properties.*

January 2014  
CH CID 024



## BRONCHOSCOPY



Patient information

Endoscopy Services

---

## AFTER THE TEST

- ◆ You will stay in a recovery room for observation until you are ready for discharge.
- ◆ You should not have anything to eat or drink for 2 hours after the test.
- ◆ If your throat was sprayed DO NOT EAT OR DRINK ANYTHING for 2 hours following the procedure.
- ◆ You may have a slight cough or small amount of blood after the test. This should stop after several hours.
- ◆ The physician will speak with you after the procedure.
- ◆ If you have any of the following, you should go the nearest Emergency Department or call the Healthline at 1-888-709-2929.
  - ◇ Severe pain
  - ◇ Rectal bleeding
  - ◇ Fever
  - ◇ Vomiting
  - ◇ Shortness of breath

# ENDOSCOPY UNIT APPOINTMENT

## UNIT HOURS

8:00 a.m. to 4:00 p.m.

Monday to Friday

## TELEPHONE NUMBERS

CNRHC: 709-292-2218

JPMRHC: 709-256-5965

**Please remember this is a scent-free environment.**

**Do not use scented products before coming to your appointment.**

**Central Health is proud to create a healthier environment.**

*Thank you for helping to improve the health of our community by not smoking anywhere on our properties.*



## BRONCHOSCOPY

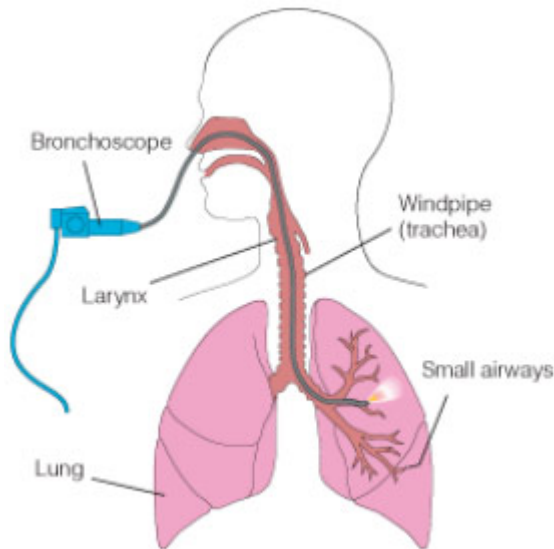


Patient information

Endoscopy Services

## WHAT IS A BRONCHOSCOPY?

Bronchoscopy is a test that looks inside your upper airway and lungs. During this test, a flexible tube is passed through the nose or mouth to examine those areas.



## BEFORE THE TEST

- ◆ The test will be done in the Endoscopy unit and your stay in the unit could be several hours.
- ◆ You must not eat and drink after midnight the night before the test.
- ◆ You will be sedated prior to the examination so you will **not** be permitted to drive a motor vehicle or

operate machinery for 24 hours after the procedure.

- ◆ Bring a list of all the medications you are taking.
- ◆ Be sure to tell the nurse or doctor of any allergies. If you have a **LATEX ALLERGY**, please notify staff **before** your appointment.
- ◆ Be sure to have a bath or shower the morning of the test and wear comfortable clothing.
- ◆ The doctor will explain the procedure to you in more detail and you will be asked to sign a consent form.
- ◆ You will be asked to sign a consent form. If you are under 19 years of age, parental consent is needed.

## MEDICATION INFORMATION

- ◆ If you are taking blood thinners such as Plavix, Warfarin or Pradaxa you **must** check with your family doctor 2 weeks in advance of the procedure to find out what to do.
- ◆ Aspirin, Ibuprofen, motrin, and advil must be stopped 1 week before your procedure .

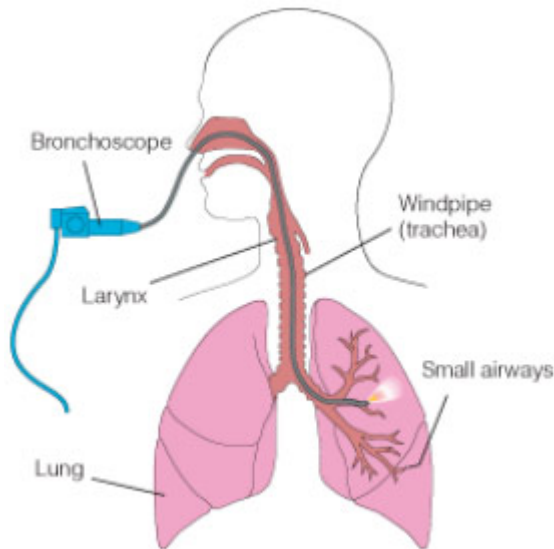
- ◆ If you have diabetes check with your family doctor or nurse practitioner 2 weeks before your scheduled procedure to learn what to do with your diet, diabetes pills or insulin.
- ◆ It is okay to take any other medications unless instructed otherwise by your family doctor.

## ABOUT THE TEST

- ◆ You may be asked to wear a hospital gown.
- ◆ A needle for intravenous medication will be placed in your hand or arm.
- ◆ If you wear dentures you will be asked to remove them.
- ◆ Your throat may be sprayed with a local anesthetic (freezing).
- ◆ A specimen may be taken for testing.

## WHAT IS A BRONCHOSCOPY?

Bronchoscopy is a test that looks inside your upper airway and lungs. During this test, a flexible tube is passed through the nose or mouth to examine those areas.



## BEFORE THE TEST

- ◆ The test will be done in the Endoscopy unit and your stay in the unit could be several hours.
- ◆ You must not eat and drink after midnight the night before the test.
- ◆ You will be sedated prior to the examination so you will **not** be permitted to drive a motor vehicle or

operate machinery for 24 hours after the procedure.

- ◆ Bring a list of all the medications you are taking.
- ◆ Be sure to tell the nurse or doctor of any allergies. If you have a **LATEX ALLERGY**, please notify staff **before** your appointment.
- ◆ Be sure to have a bath or shower the morning of the test and wear comfortable clothing.
- ◆ The doctor will explain the procedure to you in more detail and you will be asked to sign a consent form.
- ◆ You will be asked to sign a consent form. If you are under 19 years of age, parental consent is needed.

## MEDICATION INFORMATION

- ◆ If you are taking blood thinners such as Plavix, Warfarin or Pradaxa you **must** check with your family doctor 2 weeks in advance of the procedure to find out what to do.
- ◆ Aspirin, Ibuprofen, motrin, and advil must be stopped 1 week before your procedure .

- ◆ If you have diabetes check with your family doctor or nurse practitioner 2 weeks before your scheduled procedure to learn what to do with your diet, diabetes pills or insulin.
- ◆ It is okay to take any other medications unless instructed otherwise by your family doctor.

## ABOUT THE TEST

- ◆ You may be asked to wear a hospital gown.
- ◆ A needle for intravenous medication will be placed in your hand or arm.
- ◆ If you wear dentures you will be asked to remove them.
- ◆ Your throat may be sprayed with a local anesthetic (freezing).
- ◆ A specimen may be taken for testing.