

Memorandum

To: Prenatal Care Providers in Newfoundland and Labrador
From: Perinatal Program Newfoundland and Labrador (PPNL)
Date: September 2025
Re: Revised Prenatal Record and accompanying resources

The Perinatal Program Newfoundland and Labrador (PPNL) is pleased to announce the upcoming launch of a revised Prenatal Record to guide prenatal care in Newfoundland and Labrador (NL). As part of this launch, the following documents will be available for providers in NL:

- Newfoundland and Labrador Prenatal Record (NL PNR)
- NL Prenatal Record Companion Guide
- Guidelines for Prenatal Screening and Testing in Newfoundland and Labrador
- Prenatal Record Frequently Asked Questions (FAQ)

NL Prenatal Record Revision 2025

There have been many changes in evidence-based practice in Obstetrics and Gynecology since the previous Prenatal Record was developed and implemented in 2013. As such, a revision was necessary. Over the past two years, PPNL has committed to improving the NL Prenatal Record (NL PNR) through extensive research, environmental scans and engagement/consultation with prenatal care providers across Newfoundland and Labrador. In collaboration with the province of Nova Scotia and their Reproductive Care Program (RCP), PPNL has completed a full revision of the NL PNR by adapting RCP's Prenatal Record to suit prenatal care in Newfoundland and Labrador. The accompanying resources include a **Companion Guide** and **Guidelines for Prenatal Screening and Testing in Newfoundland and Labrador**. These will provide further details and guidance for implementation of the revised NL PNR.

Implementation

Roll out of the 2025 version of the NL PNR is projected for Fall 2025, with a tentative transition to the new Prenatal Record on **November 10, 2025**. It is anticipated that there will be a transition period for providers during this implementation and PPNL is ready to offer support during this

time. After the launch of the NL PNR, it is expected that all providers utilize the revised NL PNR for all new patients. The record will be available in both paper format and electronically through MedAccess EMR to suit provider preference. It will also be available in EPIC in the future, as NLHS transitions platforms.

The biggest changes on the 2025 version of the NL PNR pertain to demographics, health history, genetic screening, social determinants of health (SDOH) and the inclusion of three screening tools to support health promotion. The Guidelines for Prenatal Screening and Testing in Newfoundland and Labrador have also undergone extensive revision, particularly related to genetic risk profile and prenatal screening available in Newfoundland and Labrador. It also includes a suggested timeline for prenatal serology collection, screening for Gestational Diabetes, and indications for antenatal fetal health surveillance. Frequently Asked Questions (FAQ) and the Companion Guide have additional information pertaining to Screening and Testing in the prenatal period, completing the NL PNR, and featuring further provincial resources for increased provider support.

All documents will also be available online on the [NLHS website](#). They are in a printable format for your reference. The NL PNR will also be available to print or to order through King's Printer.

PPNL would like to sincerely thank all providers who contributed to this important revision. Your input has been invaluable in shaping these updates, and we remain committed to supporting you throughout the rollout and implementation process. We will continue to gather feedback in the coming months through the email address below, as we welcome your ongoing insights. Thank you for your time, dedication, and partnership in improving prenatal care across our province.

Sincerely,



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